



SISTERS STRIVING FOR EXCELLENCE, INC

May 2010

Empowering and Encouraging females to become their best...



Spring Cleaning

It's that time of year again. We dread it, but it has to be done. It is the only way to keep things fresh and livable. Its funny that some of the physical things that we are required to do in our everyday lives or as the seasons change, is the same thing we must do in our lives. Have you ever felt like you just needed a good cry? Your soul just needing to cleanse itself? Or maybe you are finally done with a partnership, friendship or relationship that continues to weigh you down and **you know** its time to really be done with that situation. Well, that's what "spring cleaning" entails when it comes to our lives. I know, easier said than done. But when you are in the process of going to the next level in your life, certain habits or certain people DO NOT QUALIFY to join you in your journey to the next chapter of your life; especially when you are ascending to greater heights. We dread it and sometimes we procrastinate, but ultimately we must ensure that we do it. If not, you will find yourself in the same situation for years to come. Change and Growth is the only constant in life. Embrace that concept and renew your mind daily so that you can be the best you. **Striving for Excellence** isn't about being perfect. We will always miss the mark when we try to BE PERFECT. **Striving for Excellence** is giving your best and being your best. It is trying your hardest to emulate love and displaying integrity and character. Because once you give your best, that's all you can give. So if you haven't started cleaning or cleansing, today is a great day to make a decision to make it a part of your daily life.

Tawana N. Gibbs

Natl. Executive Director/Founder

Upcoming Events for SSU Inc.

As the school year comes to an end for the SSU Colony of SSE, Inc., many of our sisters will be preparing for graduation at the 176th Commencement Ceremony on May 8, 2010 at 10a.m. On behalf of the entire organization, CONGRATULATIONS on this major accomplishment and we wish you luck in all your future endeavors.

During the month of May, SSE, Inc. will be hosting our Mother Daughter Raffle in celebration of Mother's Day, which is May 9th this year. The raffle will include dinner for 2 at a 5 Star Restaurant. Two drawings will be held - one in Atlanta, GA and one in Savannah, GA. Tickets are \$1, so please contact any National Executive Board member today for your ticket or email neb@sistersstrivingforexcellence.org.

Even though the summer is vastly approaching, the work of SSE, Inc. does not become idle. We will be working hard throughout the summer months to increase membership, participate in community service activities, continue with fundraising initiatives, prepare for future collegiate colonies, and MORE!!! So, stay tuned for highlights of future programs and activities.

Chrissy Terry

Natl. Executive Membership Director/Charter Member

Thought Provoking Question? Self-Improvement

Q: At what point are we good enough? When do we feel good enough to accept ourselves?

Visit our website: www.sistersstrivingforexcellence.org

Psalms 27:14 tells us to "wait on the Lord; be of good courage, and He will strengthen your heart; wait, I say, on the Lord!"

Inspiration: Patience is a Virtue

In other words, be patient and

wait for good things to come. Many times, we grow restless and weary. We compare ourselves to others and their accomplishments and wonder, "What I am doing wrong?" "Why don't good things like that happen to me?" "Why am I so far behind?"

It is a disastrous thing to compare your life to that of someone else. All you see is what the outside world sees: a successful woman making lots of money, living in a big house, married to an attractive, equally successful man. Although you see the book's cover, you probably don't know the story. She may have made a lot of money by stabbing people in the back, and lives in fear of retaliation; she lives in a big house, but the upkeep on it cost more than the house itself; she is married to a man who is so successful because he's always away on business trips. The book's story changes your entire perception of what you saw on the cover.

When you find yourself getting antsy, take some time to ask God to give you peace. Ask Him to direct your paths to what His will is for your life, and be patient enough to let Him show you the way. Be patient in *all* things, not just in the plan for your life, but be patient in stressful situations. Good things—and God's things—come to those who wait.

Tiffany Fletcher

Natl. Executive Public Relations/Co-Membership Director

Sisters Striving for Excellence, Inc. members are truly trailblazing women. Success comes as a result of hard-work on the national and collegiate levels. Here are accomplishments our sisters are receiving recognition for.

Collegiate Corner

- Ms. Simone Andrews (Spr 09) won Miss Senior for 2010-2011 school year.
- Chiquita Wells (Spr 06) and Amber Jones (Fall03) both graduated from Wesleyan College April 10, 2010 with their Master's Degree.
- Savannah State University's spring graduation will include many of our own: Sophia Battle (Spr 07), Brittney Bickham (Spr 08), Taylor Burch (Spr 07), Brittany Davis (Spr 08), Whitney Griffin (Spr 07), Brittany Jester (Spr 08), India Johnson (Spr 08), Chakeeta Jones (Spr 07), Dominique Lewis (Spr 07), Jasmine Raglin (Spr 08), Patricia Reed (Spr 07), Rasheedah Sheffield (Spr 06), Natalie Jones (Spr 08), Gabrielle Newton (Spr 10), and Breon Speaks (Spr 07).

One of our charter members and National Executive Board Member Chrissy Terry is set to obtain her second Master's Degree in May!

While graduation is on the rise for many of our sisters, a few are headed back to school. Some will continue on to obtain certifications, while others get their Master's and Doctorate Degrees. We truly indeed are "Women of Excellence soaring forward to the future." CONGRATULATIONS to everyone!

Jamese Beazer

Natl. Executive VP of Finance

A: We are always good enough cause the Spirit of God has made us the way we are always evolving and learning. We must learn to be happy in our own skin and the treasures that dwell within us will grow and shine.

Angela Carthan

Natl. Executive VP/Co-Director